

Autumn

2018

# Career Momentum

Strategies for Transition Challenges



- Message from CDAA Chair
- Career Development Update
- Career Currents
- Labour Market Information
- On ALIS: Learning How To Change The Things You Can Change
- Coaching Transitions
- Making A Career-Life Stage Transition
- Transitioning To Being Your Own Boss
- Ignite Your Passion 2018
- New Members and CCDPs

Message from CDAA Chair ...

## Meeting the Challenges of Transition

by Tracey Campbell

Chair, Board of Directors, Career Development Association of Alberta

Career professionals are champions of change, collaborators and navigators. It is the career professional that can assist individuals with re-inventing themselves by taking stock of their work experience, knowledge and skills. You are the ...

[read more](#)



Career Development Update ...

## Strategies for Transition Changes

by Paula Wischoff Yerama, CCDP

Executive Director, Career Development Association of Alberta

Was it just me, or did any one else feel like summer sped by on the highway doing 195 kph and vanished out of sight? I was merrily checking things off my summer to do list, feeling like I had all the time in the world, when suddenly it was September ...

[read more](#)



## CAREER CURRENTS

Compiled by Tracey Campbell and the  
CDAA Marketing & Communications Committee

Benjamin Hardy explains that will-power is nothing more than a dangerous fad – one that is bound to lead to failure. Instead of "white-knuckling" your way to change, you need to instead alter your surroundings to support your goals. ...

[read more](#)



## Transitioning to a Legal Cannabis Industry: Opportunities & Challenges

by Jeremy Dutton and Tracey Campbell

A study by Deloitte estimates that the cannabis industry may soon become a \$22.6-billion industry in Canada, encompassing a variety of different sectors and ancillary markets. As a new industry with particularly stringent regulations, the Canadian cannabis ...

[read more](#)



## On Alis: Learn How to Change the Things You Can Change

by Government of Alberta

The fall season is upon us and your clients are craving change or better direction. Help them change their careers with these ideas:

Sometimes we're stopped from reaching our career goals by things we can actually change. Try these tips to improve your ...

[read more](#)



## Coaching Transitions: 5 Great Coaching Questions to Ask Your Clients

by Miroslav Reljic

Congratulations on your new job! Are you excited?  
I heard that you bought a new house. When is your possession date?  
I am sorry for your job loss. How are you feeling? ...

[read more](#)



## Making A Career-Life Stage Transition: What's At Stake?

by Kathleen Johnston, B.Sc. MA

Every individual moves through several important and predictable life stages in their career-life journey. The ending of one stage and the beginning of the next typically involves a period of adjustment. When facing a Career-Life Stage Transition there are ...

[read more](#)



## Transitioning to Being Your Own Boss

by David Bayda  
Senior Business Advisor, Business Link

If you have ever thought about working for yourself, don't worry, you're not alone. There are plenty of people all across Alberta who are either self-employed or run their own small business. Entrepreneurship takes many different forms and ...

[read more](#)



## IGNITE YOUR PASSION 2018: Connecting Career Development & Mental Health in Practice, Thought And Conversation

hosted by Career Development Association Of Alberta (CDAA).  
Facilitated by Dave Redekopp and Michael Huston

The CDAA is pleased to host Ignite Your Passion 2018, an annual event featuring a full day of quality and affordable professional development in four locations across Alberta: Calgary, Lethbridge, Red Deer, and Edmonton. This year we are ...

[read more](#)



---

## - New Members -

---

### Individual

Brynne Thurston, Calgary  
Betty Wong, Edmonton  
Andrea Aarden, Southern Alberta

[read more](#)

WELCOME

### New CCDPs

Tracy Houde, Central Alberta

CONGRATULATIONS

---

## - Upcoming Events -

---

### **IGNITE YOUR PASSION 2018**

CALGARY - October 18, 2018  
LETHBRIDGE - October 19, 2018  
RED DEER - October 23, 2018  
EDMONTON - October 24, 2018



**Alberta  
Career  
Development  
Conference**

**2019: Shaping the Future -  
Career Development for the 21st Century**

**April 30 and May 1, 2019**

Delta by Marriott Edmonton South Conference  
Centre, Edmonton, AB

Registration will open February 1, 2019

**[CALL FOR KEYNOTES](#)**  
**[CALL FOR PRESENTERS](#)**  
**[CALL FOR EXHIBITORS](#)**  
**[CALL FOR SPONSORS](#)**

**Current. Connected. Career Momentum.**

CDAA Marketing & Communications Committee

Career Momentum has been keeping CDAA members current and connected for many years thanks to member and guest writer contributions. Do you have a best practice, resource, or tool you would like to share? Does your organization offer ...

[read more](#)



Copyright © 2018 Career Development Association of Alberta. All rights reserved.  
Contact email: [admin@careerdevelopment.ab.ca](mailto:admin@careerdevelopment.ab.ca)

You are receiving this message because you opted in at [www.careerdevelopment.ab.ca](http://www.careerdevelopment.ab.ca)



[Unsubscribe](#)