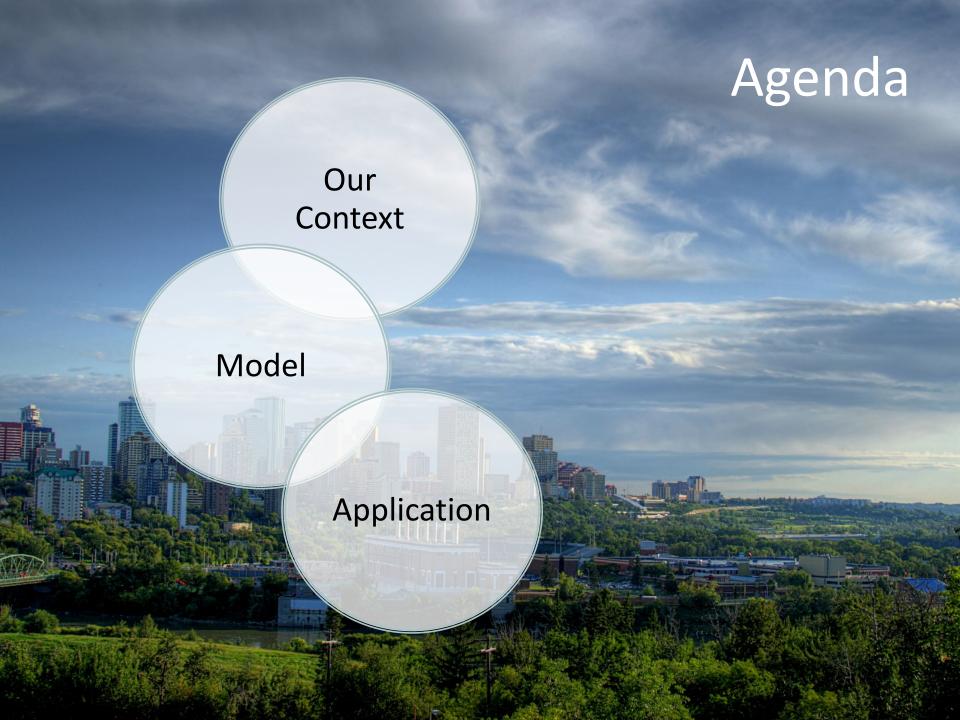


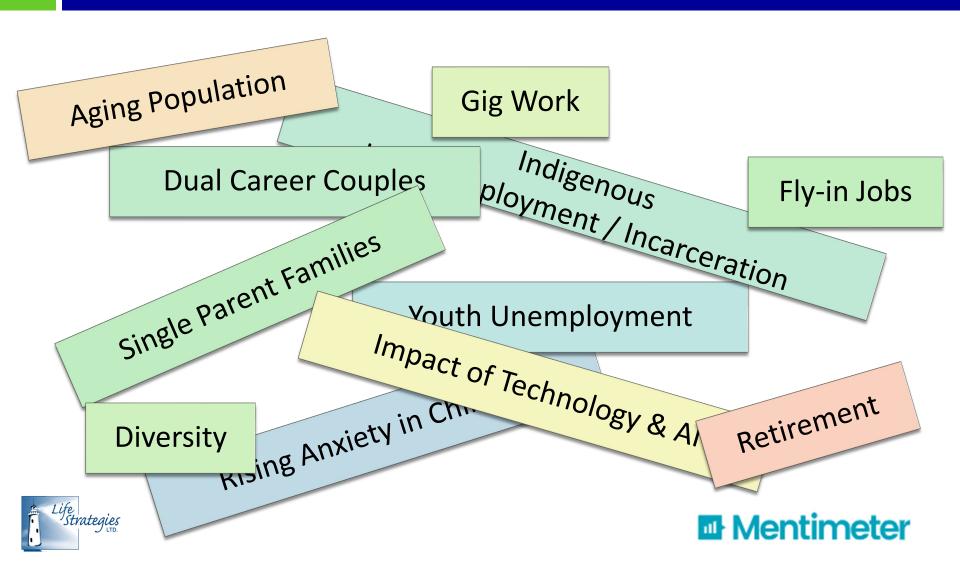
Presented by:

Dr. Roberta Neault, ccc, ccdp, gcdf-l Life Strategies Ltd.





## The Current Context



## Pan-Canadian Global Competencies (CMEC)

Critical Thinking and Problem Solving

Global Citizenship and Sustainability

Innovation, Creativity, and Entrepreneurship

Communication

Learning to Learn /
Self-Awareness and
Self-Direction

Collaboration

# Age-Appropriate Interventions

#### Elementary



Career Awareness

#### Middle



Career Exploration

#### High



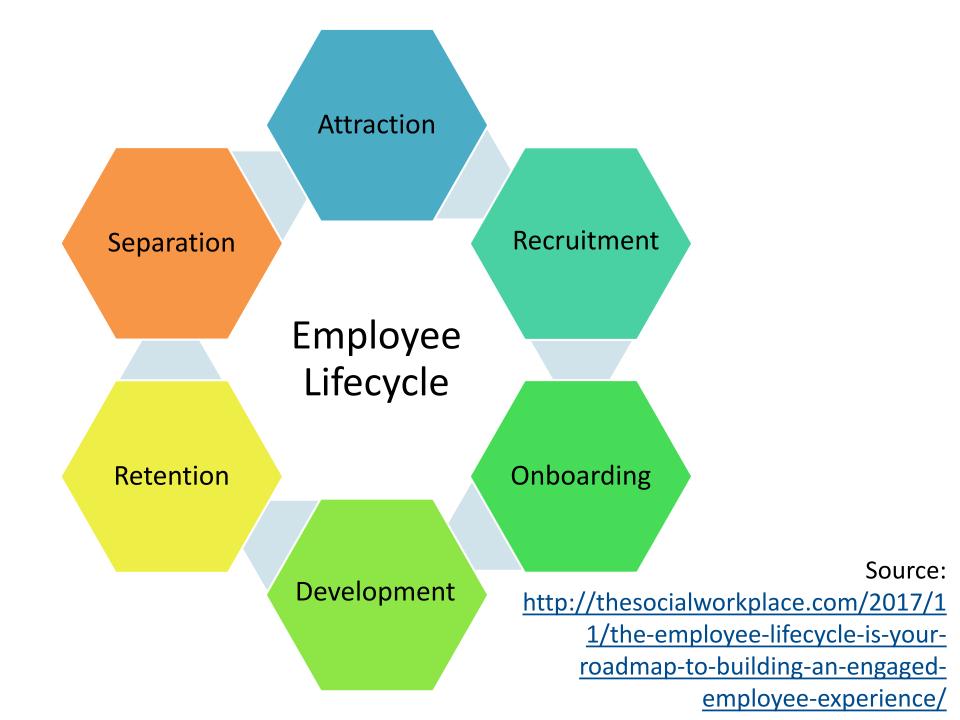
Career Preparation

#### Post-Secondary

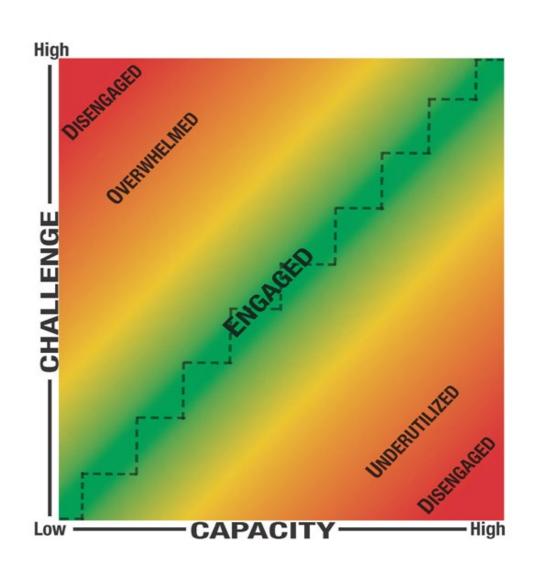


Work Search & Career Development

Career Development for Students (Shepard & Mani, 2014)
Strategine Practice of Postsecondary Career Development (Browne & Russell, 2014)







# CAREER ENGAGEMENT MODEL

## Approaches to "Engagement" in the Literature

**Needs-Satisfying** 

Role Performance

Burnout-Antithesis

Engagement as
Opposite to
Burnout

Satisfaction-Engagement

**Job Resources** 

Multidimensional

Cognitive,
Behavioural, and
Emotional Factors
Related to
Job/Organization



Source: Shuck (2011)

# ABC's of Student Engagement

#### **Affective**

- Sense of belonging in the classroom
- Interest, curiosity, or enthusiasm around specific topics/tasks

#### **Behavioural**

- Time-on-task
- Active participation in class activities

#### Cognitive

- Perseverance
- Use of metacognitive strategies
- Self-regulation



## Career Success and Job Satisfaction

Continuous Learning

Flexibility

Persistence

Risk-Taking

**Optimism** 

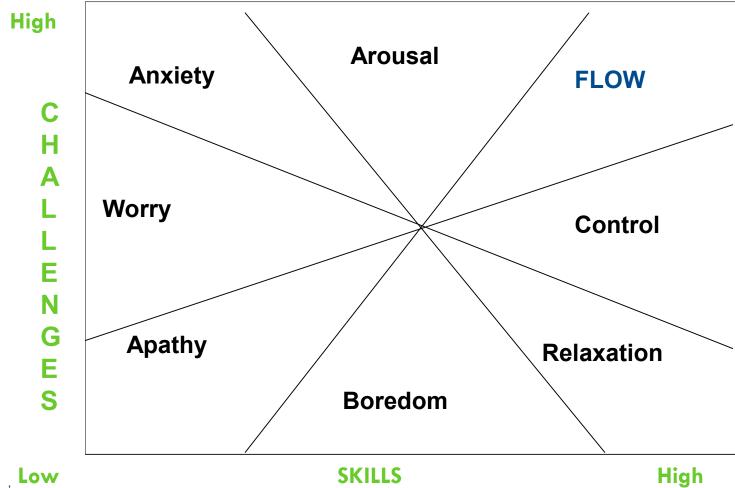
Planfulness

Networking

Financial Management Work-Life Balance



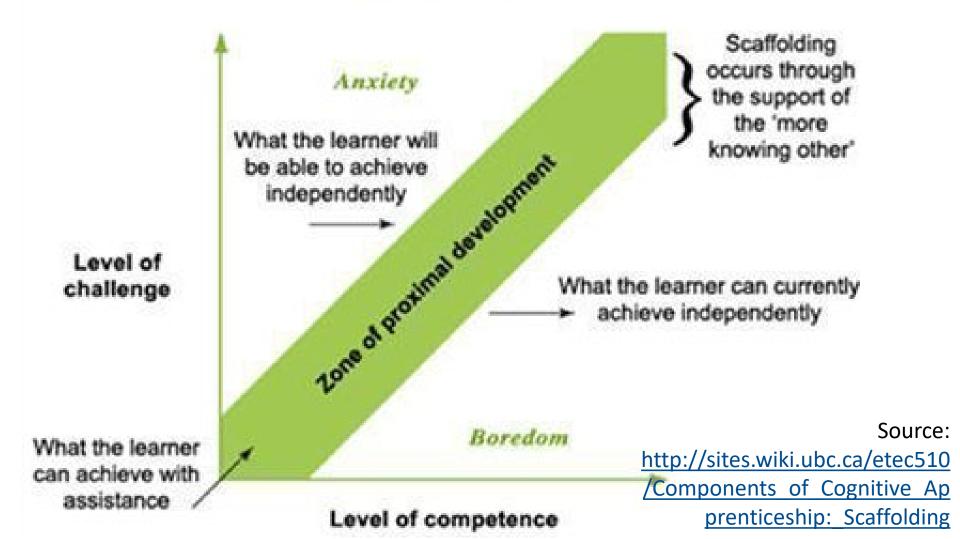
## **FLOW**



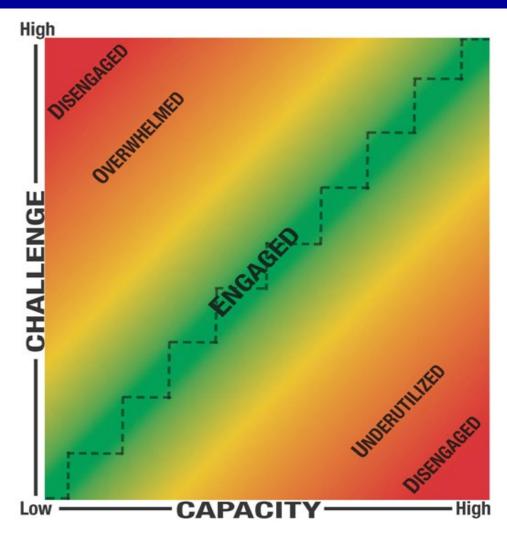


~ Adapted from Csikszentmihalyi's (1997) Finding Flow

# Zone of Proximal Development



# Career Engagement





















# 7. IDENTIFY INDIVIDUAL AND ORGANIZATIONAL CAPACITY







### 10 Tips for Strategic

# Career Engagement



- 2. Reflect on what's working and what isn't
  - 3. Consider all your life roles
    - 4. Know yourself
    - 5. Explore opportunities
  - 6. Decide how much or little to shift
- 7. Identify individual and organizational capacity
  - 8. Take on an appropriate level of challenge
    - 9. Set short and long term SMART goals
      - 10. Avoid disengagement





## PEARLS OF WISDOM

