



# Building Better Practices for our Clients

May 3, 2013

University of Calgary -The Cassio Room

Hosted by the University of Calgary- Career Services

8:30 – 9:00	Breakfast
9:00 – 9:45	Keynote-Nancy Arthur
9:50 – 10:50	Connecting with Career Services at the U of C
10:50 – 11:05	Break
11:05 – 11:45	Enhancing Training & Professional Development in Career Development
11:45 – 1:00	Lunch
1:00 – 1:40	Round Table: Serving Diverse Populations & Hot Topics in Career Development
1:45 -2:15	The Value of Coaching in the Career Practitioner's Toolkit
2:15 – 2:30	Break
2:30 – 3:15	What's the Fizz in your Ginger Ale?
3:15 – 3:30	Door Prizes and Closing

## Keynote – Dr. Nancy Arthur

### **Social Justice and Career Development Practice: One Action at a Time**

Social justice is a term that is used a lot but it has different meanings and implications for career development practice. In this session, we will take the mystery out of social justice and generate practical ideas for action.

Barriers for clients and for practitioners will be identified and ways to overcome them will be discussed. You may not have viewed yourself as a social justice advocate, but this presentation might just change your mind and your approach to career development practices!

**Dr. Nancy Arthur** is a Professor and Canada Research Chair in Professional Education, Educational Studies in Counselling Psychology, Faculty of Education, University of Calgary. She has served as Program Chair of Building Tomorrow Today, and currently serves on the Board of Governors for the Canadian Career Development Foundation and the International Association for Educational and Vocational Guidance. Nancy is the award winning co-author of *Culture-Infused Counselling*, and co-editor of *Case Incidents in Counseling for International Transitions*. She is a registered psychologist and associate with Calgary Psychology Group.

## Connecting with Career Services at the U of C

Welcome to Career Services and the hub for career development at the University of Calgary.

- Learn about our philosophy towards career development and how we use innovations to meet stakeholder needs.

- We will share our approach in creating a highly successful team that loves to come to work every day.
- We will also introduce you to key contacts in other career units on campus and open the discussion for you to ask any questions you might have.

### **Enhancing Training & Professional Development in Career Development**

- Connect with your colleagues in Career Development and discover the diverse educational backgrounds, qualifications, and years of work experience they bring to the table.
- Learn about the U of C's Masters of Counseling program, coaching and continuing education programs to enhance your professional development in the field as well as the benefits of CDAA membership and CCDP designation.
- Whether new to the field or a seasoned veteran, you will gain an even greater appreciation of the valuable work we do as practitioners.

### **Round Table: Serving Diverse Populations & Hot Topics in Career Development**

- Learn how to best serve your client populations from diverse backgrounds and those with diverse challenges.
- Round tables will widen your understanding of supporting aboriginals, those with disabilities, immigrants, and those with mental health issues.
- Additional round-tables will engage you in sharing best practices and hot-topic discussions around career development with your colleagues.

### **The Value of Coaching in the Career Practitioner's Toolkit**

- What is coaching?
- How is it different from advising and counseling?
- How can coaching enhance the Career Practitioner's work with clients?
- Gain a basic understanding how coaching, combined with a solid background in Career Development training can empower your clients and support them towards long-term success.
- Consider the coaching model to support your work and learn about options for further coaching training to supplement your Career Practitioner credentials.

### **What's the Fizz in Your Ginger Ale?**

- Are you experiencing the level of happiness and success you would like to in your life?
- What nourishes your soul?
- What do you yearn for? What do you really, really want out of life?
- Explore the possibilities in your life and how to transform them into reality.
- Through powerful questions and a thought provoking process, you will be inspired to create the life you desire and deserve both professionally and personally.
- Dare to be fully present, authentic, and purposeful in your life!